



November 2024

english

Get up!

Contact: Meinolf Wacker
Kirchplatz 7
59174 Kamen

Mobile: +49-172-5638432
Mail: meinolf.wacker@go4peace.eu
Homepage: www.go4peace.eu

Girl, I say to you: „Get up!“

(Mk 5:41)

Dear friends of go4peace,

there are moments when it just seems like that life has given us too much to cope with. We can no longer see through it. Confidence in our strenght has disappeared. We withdraw and feel like that we can't carry on. – How good it is when someone comes along who speaks to us and encourages us to take the next step.

The daughter of a synagogue ruler named Jairus had experienced the same thing. She was 12 years old and was at the beginning of her own path. This experience felt overwhelming to her. Her father went to Jesus and asked him for help. Jesus -together with a few friends and the parents- went to the girl. He gently took the teenager by the hand and confidently told her the encouraging word: "Girl, I say to you: Get up!" (Mk 5:41) Immediately she got up and walked around.

How good it is when someone who believes in us is there in hopeless situations. Often one word is enough and we find the courage to take the next step. Can you think of anyone you could say to: "Get up!" ?

Years ago, a young woman had seriously injured her knee in an industrial accident. The surgery she had didn't help very much. She was now dependent on walking aids. Now the question was whether she should dare another operation, the outcome of which was uncertain. She decided to go for surgery again. I sent her our monthly YouTube Short with the impulse "Dare to take the step!" In the evening I read in a WhatsApp message: "I had a very hard time with my decision and again and again the question came up whether I'd made the right choice and then came your video. " Dare to take the step!" It meant a lot to me and gave me a lot of courage and hope! – "Get up!"

for the go4peace team

Meinolf Wacker