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English

Listen carefully!

She had a sister called Mary, who sat at the Lord's feet listening to what he said. (Lk 10:39)

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Dear friends of go4peace,

"Oh, how good that felt! Now half of the burden is gone!" We say this when someone has listened to us carefully and sensitively. If we can express everything that moves us because our counterpart offers us a space in his heart, we can come to a deeper understanding of ourselves. Heavy things become easier, unclear things clearer, uncertainty disappears.

Mary, together with her sister Martha and her brother Lazarus was a friend of Jesus with. She had the ability to listen well. When Jesus was with them, she sat down with him and listened to his words. (Lk 10:39) Jesus himself must have felt more deeply understood and encouraged by this listening.

Let us always recreate this space of love within ourselves in order to welcome others with their worries, needs, questions and happiness. Let us offer our loving silence so that everyone can say what moves them.

Only one teenager had come to a Sunday meeting with young people. I decided to give my time to this young man. We got into a very honest conversation. The young student confided in me things that he had not yet been able to discuss with anyone. I listened to him attentively. In the end, he made me understand: "That felt so good. Somehow I can see things more clearly now and have new courage to continue on my path. Thank you." – **Listen carefully!**

for the go4peace team

Meinolf Wacker