



February 2024 English

You are loved!

Jesus looked at him and loved him!

(Mk 10:21)

Contact: Meinolf Wacker
Kirchplatz 7
59174 Kamen

Mobile: +49-172-5638432

Mail: meinolf.wacker@go4peace.eu

Homepage: www.go4peace.eu

Dear friends of go4peace!

What if everything suddenly seems to lose its meaning? Something unexpected has happened, suddenly there is a heavy burden on the shoulders of our hearts. That which used to give us support and security has broken away. No matter how old we are, questions arise – often nagging – : Why is this happening? What am I supposed to live for now? What makes sense anymore? Yes, more concretely: What gives meaning to this moment in which I find myself right now? Alone we are in danger of sinking. In such moments, it can be a person's look or a short personal word that gives us the feeling of being loved. Very slowly, peace returns to our hearts and we find light for the next moment.

Jesus was aware of this human need. When a young man came to him with his urgent search for meaning, Jesus looked at him and came to love him. This opens up a space in which we can take a deep breath and understand. If you know you are loved, you will always find something to do out of love for others. In it, the often restless heart finds peace again.

We had put a video on the YouTube channel of go4peace with the impulse: "Share what is hard for you!" An unexpectedly large number of people reached out via WhatsApp messages and voicemails. One woman shared her sorrow that her godchild – who had just become a mother – had to go to hospital with serious complications. Another told of her father in Ukraine and his cancer. She was distressed because she could not visit him now. A man - just released from the hospital - made me understand that he was not well. Throughout the evening, more news came. I went to church with all this entrusted to me and commended each of them to God individually. A message popped up on my phone. A young Afghan wrote: "When my country was hit by the severe earthquake the other day, I had a great need in my heart. And it felt so good to share this heaviness with others. And then I wanted to send you a message from my six-year-old son." I found a voice message and heard from the little boy: "Thank you, dear God, for giving us Meinolf!" Praying in church, my eyes filled with tears. – **You are loved!**

for the go4peace team

Meinolf Wacker